



RAPID FIRE F.C
NEWPORT NEWS, VIRGINIA
WWW.RAPIDFIREFC.COM

Documentation, Uniform & Equipment Checklist

Documentation Needed:

- ❖ Player and Parent Information Form
- ❖ Medical Information, Emergency Contact, and Liability Release Form
- ❖ Code of Conduct Form
- ❖ Photo & Video Release Form
- ❖ Concussion Awareness & Injury Protocol Acknowledgement Form
- ❖ Travel Permission Form

Uniform and Equipment:

- ❖ Team Uniform – (Jersey, Shorts and Socks included in kit purchased from the team)
- ❖ Outdoor Soccer Cleats (no metal studs)
- ❖ Indoor Soccer Shoes
- ❖ Shin Guards (mandatory)
- ❖ Water Bottle
- ❖ Team Backpack (purchased from the team)
- ❖ Soccer Ball (Size 4)
- ❖ Extra Socks and shirt for after games